## HOMESCHOOL Advice for Foster carers

### Some tips for teaching young people at home

# Plan the day with young people

Even if you're following a lesson plan, it's good to brainstorm with young people about their day ahead.

Give them options. Ask them what they feel about doing tasks in certain ways. Give them time to adjust to the schedule.

#### Get everyone involved

Homeschooling involves integrating young peoples educational schedule with your family's regular routine.

Have a chat with your family and know what their expectations are with the home school setup—and what is expected of them.

### Keep in touch with teachers

Ask the teacher if you have to strictly follow the curriculum given, or if you have the freedom to adjust the schedule.

Teachers can also give you tips on how to effectively faciliate young peoples learning. They can also get you in touch with other useful contacts if needed.

#### Use free resources

The school should be providing some lessons, but you can also make use of other resources like worksheets available online to support or expand it.

Take a look at the blog section of our website to find links to useful websites and learning materials for young people!

### Take breaks

It's a simple bit of advice - and you can't underestimate the power of taking breaks.

Add it to your schedule and make it fun—or be spontaneous and flexible and take it when you can.

### Be flexible

Learning from home can be difficult, new, and frustrating.

Facilitate young peoples study schedules closely, but be flexible to change it up based on their learning tendencies and emotional state at the time. Taking things day-by-day will help.